



# Valley Forge Minutemen



**U12/Peewee Major "AAA"**  
2021-2022

**Birth Year: 2009**

**Head Coach: Tim Feoli**  
267-250-8502, Tfjr.23@gmail.com

**Goalie Coach: Terry Denike**  
Email: [denikegoaltending@live.com](mailto:denikegoaltending@live.com)  
**Conditioning Coach: Ryan Heickert**  
[ryan@functionandstrength.com](mailto:ryan@functionandstrength.com)

## **Included in Team Fee**

**Off-season:** on-ice and off-ice training  
Mini camp

### **Winter Season Schedule (September-February):**

- Approximately 60 practice slots
- Skills sessions depending on tournament schedule
- 4 Tournaments
- Complete AYHL schedule
- Practice uniform and gloves
- Goalie training

### **Off-ice Conditioning:**

Off-ice sessions run by Function and Strength @ Center Ice

### **Objectives:**

- Development of: Fundamental skills, positioning, system concepts/knowledge and physical strength
- Promote Teamwork and Sportsmanship
- Enhance Confidence and Self Esteem
- Social and Character Development

**Team Fee: \$4,650**