



Valley Forge Minutemen



U10/Squirt Major "AAA"

Birth Years: 2010

Head Coach: Doug MacCormack
484-336-7913, [dmaccormack12@gmail.com](mailto:dmacormack12@gmail.com)

Goalie Coach: Terry Denike
Email: denikegoaltending@live.com

Included in Team Fee

Off-season: May-August
20-25 Practices

Winter Season Schedule (September-February):

Approximately 60 practice slots
Bi-weekly skills sessions depending on tournament schedule
4 Tournaments
Complete AYHL schedule
Practice uniform and gloves
Goalie training

Objectives:

Development of: Fundamental skills, positioning, system concepts/knowledge and physical strength
Promote Teamwork and Sportsmanship
Enhance Confidence and Self Esteem
Social and Character Development

Open Tryout Dates:

3/17 @ 6:00pm
3/18 @ 6:00pm
3/19 @ 6:00pm
3/20 TBD if necessary

Team Fee: \$4,000