



Valley Forge Minutemen



U10/Squirt Minor “AAA”

Birth Years: 2010

Head Coach: Doug MacCormack

484-336-7913, dmaccormack12@gmail.com

Goalie Coach: Terry Denike

Email: denikegoaltending@live.com

Included in Team Fee

Off-season: May-August

20-25 Practices

Winter Season Schedule (September-February):

Approximately 60 practice slots

Bi-weekly skills sessions depending on tournament schedule

4 Tournaments

Complete AYHL schedule

Practice uniform and gloves

Goalie training

Objectives:

Development of: Fundamental skills, positioning, system concepts/knowledge and physical strength

Promote Teamwork and Sportsmanship

Enhance Confidence and Self Esteem

Social and Character Development

Open Tryout Dates:

3/21 @ 6:00pm

3/22 @ 6:00pm

3/23 @ 6:00pm

3/24 TBD if necessary

Team Fee: \$3,500